SENIOR MEALS PROGRAM





November 2026

472-0155

Call by 9:00 a.m. to order

Supervisor: Cyndi Bachman

Head Cook: Jodi Jenson

Asst Cook: Nick Chrisopulos

Site: Redfield

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Orange Chicken Vegetable Stir Fry Rice Fruit Whole Wheat Bread	3 Baked Pork Chops Mashed Potatoes w/Gravy Peas Fruit Whole Wheat Bread	4 Chicken Tortilla Soup Grilled Cheese Sandwich Fruit	5 Salisbury Steak Baked Potato Broccoli Fruit Whole Wheat Bread	6 Sheppards Pie Fruit Whole Wheat Bread Carrots
9 Spaghetti w/ Meat Sauce Tossed Salad Fruit Bread stick	10 Hot Pork Sandwich Sweet Potatoes Corn Fruit	11 Knefla Soup Turkey and Swiss Sandwich Fruit Cookie	12 Lasagna Rotini Bake Green Beans Fruit Garlic Bread	13 Oven Baked Chicken Mashed Potatoes w/Gravy Peas Fruit Dinner Roll
16 Chili w/ Beans Coleslaw Fruit Whole Wheat Bread	17 Meatballs Mashed Potatoes w/Gravy Broccoli Fruit Whole Wheat Bread	18 Broccoli Chicken Rice Bake Green Beans Fruit Whole Wheat Bread	19 Turkey Dressing Mashed Taters Beets Pumpkin Dessert Cranberry	20 Breaded Cod Rice Pilaf Carrots Fruit Whole Wheat Bread
23 Creamed Chicken over Biscuits Peas Fruit	24 Calico Casserole Broccoli Apple Crisp Bread	25 Beef Stew Pudding & fruit Whole Wheat Bread	26 Closed - Thanksgiving 	27 Closed - Thanksgiving
30 Chicken Alfredo Broccoli Fruit Breadstick	South Dakota PORK PRODUCERS COUNCIL	For more information and healthy eating tips, visit:		

MEALS APPROVED BY: REGISTERED DIETITIAN

All Meals Include Milk
Meals Subject to Change