

SENIOR MEALS PROGRAM

June, 2024 -- 605-472-0155

Call by 9 a.m. to order/cancel
728 S. Main Street

Area IV Meals

Milk included with all Meals
Meals subject to Change

Redfield

Site Manager: Cyndi Bachman
Head Cook: Jodi Jenson
Assistant Cook: Jane Gruenwald

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Meatballs Mashed potatoes/gravy Harvard beets Pears Whole wheat bread Cinnamon Poke Cake	4 Pork Loin Mashed potatoes/gravy Broccoli/Carrots Peaches Whole wheat bread	5 Turkey Sandwich Lettuce/tomato Macaroni Salad Tropical fruit Cookie	6 Ham Sweet potatoes Vegetable Blend Provence Baked apples Dinner roll	7 Taco Salad Breadstick Cherry fluff Refried Beans
10 BBQ Chicken breast Rice Pilaf Cauliflower/broccoli Pineapple/strawberry Ambrosia Frosted brownie Whole wheat bread	11 Cod loin Macaroni & Cheese Spinach salad Fruit cocktail Whole wheat bread	12 Meatloaf Baked potato/sour cream Creamed peas Fruit Whole wheat bread	13 Tator tot hotdish Green beans Acini Depepi fruit salad Whole wheat bread	14 Beef combo Mashed potatoes Corn Cake w/strawberries Ice cream
17 Lasagna Bake Tossed salad w/tomato Fruit cocktail Breadstick Cookie	18 Creamed chicken Biscuit Green beans Pears Tapioca pudding	19 Scalloped potato/ham Mixed Vegetables Sunset salad Whole wheat bread	20 Salisbury Steak Mashed potatoes/gravy Vegetable Capri blend Apricots Whole wheat bread	21 Chicken Pasta Salad Grape Juice Dinner Roll Apple crisp
24 Sloppy Joe on Bun Oven roasted potatoes Corn Ice Cream sundae Fruit	25 Baked pork Chop Augratin potatoes Vegetable Catalina Honey fruit salad Whole wheat bread	26 Swiss Steak Mashed potatoes/gravy Peas/carrots Kuchen bars Whole wheat bread	27 Cheeseburger Tator tots Fruit Cucumber Salad	28 Spanish rice w/hamburger Green beans Vanilla pudding w/mandarin oranges Whole wheat bread
				Meals approved by: Registered Dietitian LIKE AND FOLLOW US ON FACEBOOK