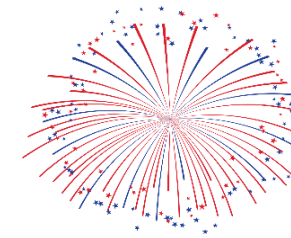




SENIOR MEALS PROGRAM



July 2026

month/year

Supervisor: Cyndi Bachman

Site: Redfield

Head Cook: Jodi Jenson

Please call by 9:00 a.m.

472-0155

Asst. Cook: Chad Suttan

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Bacon Ranch Pasta Beets Fruit Whole Wheat Bread	2 Meatloaf Au gratin Potatoes Peas & Carrots Fruit Whole Wheat Bread	3 CLOSED  ★ HAPPY ★ 4TH OF JULY
6 Sloppy Joe on a Bun Potato chips Baked Beans Fruit Brownie	7 Chef Salad w/ Deli Ham Tomatoes & Cucumbers Fruited Jello Garlic toast	8 Hot Turkey Combo Mashed Potatoes w/ Gravy Carrots Fruit Whole Wheat Bread	9 BBQ Pulled Pork w/ Mac n Cheese Cucumber Salad Fruit Whole Wheat Bread	10 Chicken Alfredo Tossed Salad Broccoli Fruit Breadstick
13 Ground Beef Stroganoff w/ Noodles Peas Fruit Whole Wheat Bread	14 Egg Salad Sandwich Tomato Spoon Salad Fruit Cookie	15 Chicken breast Roasted Potatoes California Blend Fruit Whole Wheat Bread	16 Cheeseburger Casserole Sweet Potatoes Corn Fruit Whole Wheat Bread	17 Ham and Cheese Sandwich Potato Salad 3 bean salad Fruit
20 Cheeseburger on a Bun Tater tots Carrots Fruit	21 Vegetable Stir Fry w/ Chicken Brown Rice Fruit Whole Wheat Bread	22 Hot Pork Sandwich Baked Potato California Blend Fruit	23 Ranch Chicken Breast Mashed Potatoes w/ Gravy Winter Blend Fruit Whole Wheat Bread	24 Spaghetti w/ Meat Sauce Tossed Salad Green Beans Fruit Breadstick
27 Lasagna Bake Mixed Vegetables Fruit Whole Wheat Bread	28 Hot Turkey Combo Mashed potato 7 layer salad Fruit	29 Baked Pork Chop Mashed Potatoes w/ Gravy Broccoli Fruit Whole Wheat Bread	30 Tator Tot Hotdish Corn Fruit Whole Wheat Bread	31 Baked cod loin Oven Roasted Potatoes Peas Fruit Whole Wheat Bread

MEALS APPROVED BY: REGISTERED DIETITIAN

Menus will be released no earlier than the 20th of each month

All Meals Include Milk
Meals Subject to Change

