

## SENIOR MEALS PROGRAM

January 2026

month/year

Call 472-0155 by 9:00 a.m.



SITE: Redfield  
Supervisor: Cyndi Bachman

Head Cook: Jodi Jenson Asst Cook: Cheryl Shelby

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 CLOSED 	2 Calico Casserole Sliced Carrots Apple Crisp Whole Wheat Bread
5 Soft Tacos Spanish Rice w/ Beans Lettuce/Cheese Corn Pineapple	6 Scalloped Potatoes w/Ham Carrots Pears Dinner Roll	7 Spetzle soup Cold Cut Sandwich Peaches Cookie	8 Meatloaf Baked Potato Broccoli Fruit Cocktail Whole Wheat Bread	9 Breaded cod Mashed potatoes Green Beans Fruit Whole Wheat Bread
12 Goulash Corn Applesauce Breadstick	13 Bean and Ham Soup 1/2 Chicken Salad Sandwich Tropical Fruit Brownie	14 Cheeseburger Tator Tots Tomato Spoon Salad Cherry Fluff	15 Turkey Sweet Potatoes Green Beans Fruit Whole Wheat Bread	16 Chicken Pot Pie Casserole Mashed Potatoes Broccoli Mixed Fruit Whole Wheat Bread
19 CLOSED  <b>MARTIN LUTHER KING JR. DAY</b>	20 Brat Mac and Cheese Catalina Blend Fruit Bun	21 Sheppards Pie Green beans Mixed Fruit Whole Wheat Bread	22 Hot Beef Combos Mashed Potatoes Carrots Pineapple Tidbits	23 Tuna Noodles Peas Fruit Cocktail cake Biscuit
26 Spaghetti Lettuce Salad Fruit Cocktail Breadsticks	27 Pork Sandwich Baked Beans Tomato Spoon Salad Fruit	28 Chili w/ Beans Coleslaw Mixed Fruit Cornbread	29 Tator Tot Hotdish Corn Mandarin Oranges Whole Wheat Bread Pudding	30 Oven Baked Chicken Au Gratin Green Beans Peaches Whole Wheat Bread

MEALS APPROVED BY: REGISTERED DIETITIAN

All Meals Include Milk

Menus will be released no earlier than the 20th of each month

