

SENIOR MEALS PROGRAM

December 2025

month/year




Site: Redfield

Site Supervisor: Cyndi Bachman

Call before 9:00 a.m. - 472-0155

Head Cook: Jodi Jenson

Asst Cook: Cheryl Selby

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Goulash Green Peas Apple Crisp Whole Wheat Bread	2 Roast Pork Baked Potato Normandy Blend Applesauce Whole Wheat Bread	3 Hamburger Cabbage Soup Chicken Salad Sandwich Mandarin Oranges Oatmeal Raisin Cookie	4 Hot Beef Combination Mashed Potatoes Carrots Mixed Fruit	5 Parmesan Chicken Noodles California Blend Fruit Cocktail Cake Dinner Roll
8 Chicken Alfredo w/ Broccoli Fruit Breadstick	9 Turkey & Swiss Sandwich Baked Beans Potato Chips Tomato Spoon Salad Mixed Fruit	10 Beef and Potatoes Antigua Blend Fruit Breadstick	11 BBQ Chicken Breast Mashed Potatoes Beets Fruit Dinner Roll	12 Beef Stew Lettuce Salad Buttermilk Biscuits Baked Apple Ice Cream
15 Cowboy/Calico Casserole Carrots Dinner Roll Fruit	16 Roast Beef Mashed Potato w/ Gravy Green beans Whole Wheat Bread Fruited Jello	17 Ham Salad Sandwich Broccoli Potato Soup Fruit Poke Cake	18 CHRISTMAS DINNER Ham w/ Pineapple Sweet Potatoes Cheesy Green Beans Fruited Dessert Dinner Roll	19 Chicken Pot Pie Casserole Roasted Potatoes Applesauce Biscuits
22 Spaghetti w/ Meat Sauce Catalina Blend Mixed Fruit Garlic Toast	23 Scalloped Potato w/ Ham Green Peas Mandarin Orange Salad Whole Wheat Bread	24 Hot Pork Sandwich Coleslaw Baked Beans Orange Sherbet	25 CLOSED 	26 Hamburger Cabbage Roll Hotdish Mixed Vegetables Fruit Muffin
29 Oven Fried Chicken Sweet Potatoes Green Beans Pears Whole Wheat Bread	30 Meat Loaf Baked Potato Mixed Vegetables Fruited Jello Whole Wheat Bread	31 Sweet & Sour Pork Steamed Rice Carrot & Broccoli Medley Dinner Roll Honey Fruit Salad		

MEALS APPROVED BY: REGISTERED DIETITIAN

Menus will be released no earlier than the 20th of each month

All Meals Include Milk
Meals Subject to Change